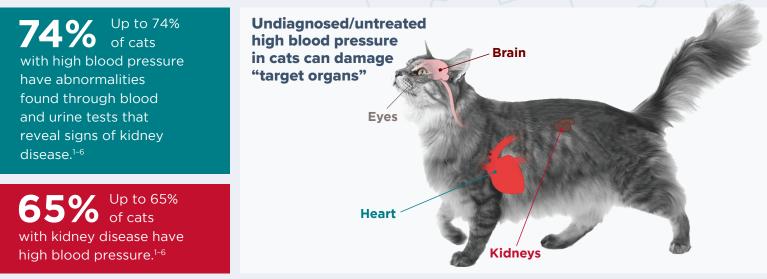
## **High Blood Pressure in Cats**



## Systolic Blood Pressure Values

Minimal Risk	-,		High Risk
Normotensive <140	Prehypertensive 140-159	Hypertensive 160-179	Severely Hypertensive ≥180
14	10 (n	160 nmHg)	180
<b>Q:</b> Why do you prin pressure and not	narily measure systolic b diastolic too?	lood	wo

Because the noninvasive blood pressure measuring techniques that work on cats who are awake aren't as accurate as we'd like for diastolic values; consequently, the role of diastolic blood pressure in cats is not well established.

Ingelheim

AAHA

most common risk factors for

high blood pressure in cats: >7 years old

- Chronic kidney disease (CKD)

## **Recommended Frequency of Blood Pressure Monitoring**<sup>1</sup>

Age and Health Status	Frequency of Blood Pressure Monitoring	
Healthy adult cats (ages 3-6)	Consider every 12 months	
Healthy senior cats (ages 7-10)	At least every 12 months	
Healthy geriatric cats (≥11)	At least every 6–12 months	
Cats with recognized risk factors	Measure immediately and reassess at least every 3-6 months	

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oe, et al. 2017, 288-303. 2. Maggio, DeFrancesco, Atkins, et al. 2000, 695-702. 3. Littman 1994, 79-86. 4. Stiles, Polzin, and Bistner 1994, 564-572. 5. Syme, Barber, Markwell, et al. 2002, 1799-1804. 6. Kobayashi, Peterson, Graves, et al. 1990, 58-62.